



The Senior Companion Program

Session 3 of 4 | Wednesday, November 6, 2019



POLL



Objectives

- Recap some competition basics
- Understand if the SCP program is right for you
- Allow you to develop a realistic, complete application for an SCP grant



| Webinar | Date |
|---|-------------|
| Introduction to the 2020 FGP-SCP Competition | Nov. 4 |
| The Foster Grandparent Program | Nov. 5 |
| The Senior Companion Program | Nov. 6 |
| Submitting Your Application via eGrants | Nov. 7 |

All calls at 3:30ET/12:30PT

View recordings, register and get connection information at:

<https://nationalservice.gov/FY2020/FGP&SCP-Competition>

Questions?

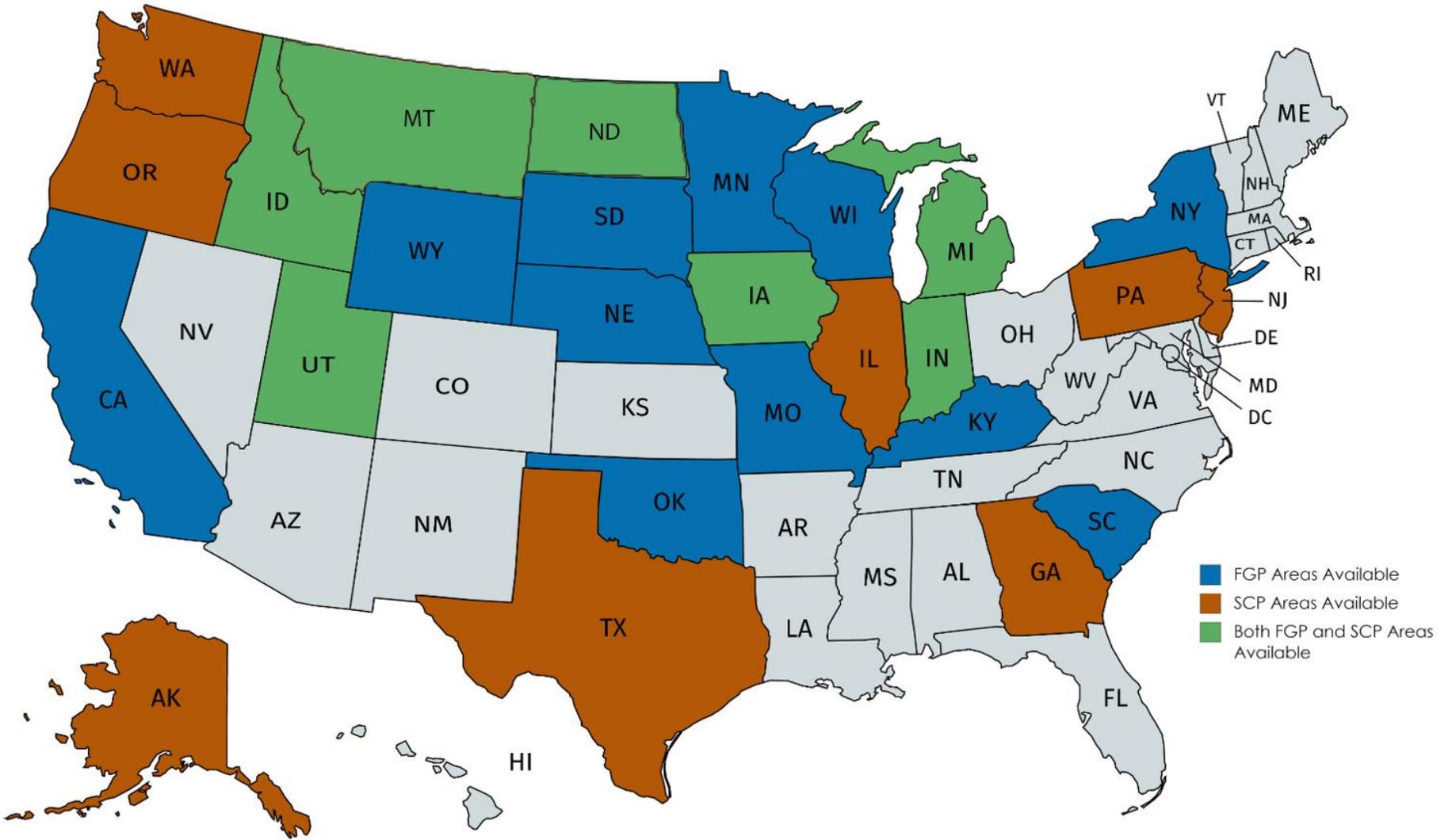
2020FGPSCP@cns.gov

Competition Basics

Corporation for
NATIONAL &
COMMUNITY
SERVICE



- Foster Grandparent and Senior Companion Programs accepting applications **now**
- **Geographically Limited:** See Appendix A for available areas and states
- Amount available varies by location
- **Applications due: 5pm ET on December 6**
- See the 2020 FGP-SCP Competition Website and the “Notice of Funding Opportunity” for more information:
<https://nationalservice.gov/FY2020/FGP&SCP-Competition>





2020 SCP Competition Appendix A- List of Available Funding Opportunities

| State | Total Funding Available | Start Date | Volunteer Service Years(VSY) | Areas Affected |
|--------------|-------------------------|------------|------------------------------|---|
| Alaska | \$320,000 | 1-Apr-20 | 53 | Kenai, Soldotna, Sterling, Nikiski, Salamatof, Cohoe, Cooper Landing, and the surrounding area. |
| Georgia | \$197,389 | 1-Apr-20 | 33 | Fulton, Gwinnett, Dekalb and Clayton |
| Idaho | \$161,325 | 1-Apr-20 | 27 | Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls |
| Illinois | \$78,000 | 1-Apr-20 | 13 | Macon County |
| Indiana | \$253,719 | 1-Apr-20 | 42 | Lake, Porter and LaPorte counties |
| Iowa | \$78,000 | 1-Apr-20 | 13 | Pottawattamie County |
| Michigan | \$325,550 | 1-Apr-20 | 54 | Wayne County |
| New Jersey | \$349,440 | 1-Apr-20 | 58 | Camden, Gloucester, and Burlington |
| Oregon | \$103,330 | 1-Apr-20 | 17 | Douglas and Josephine Counties |
| Pennsylvania | \$199,907 | 1-Apr-20 | 33 | Montgomery County |
| Puerto Rico | \$161,164 | 1-Apr-20 | 27 | Municipality of Ponce |
| Texas | \$281,249 | 1-Apr-20 | 47 | San Antonio, Bexar County |
| Utah | \$78,000 | 1-Apr-20 | 13 | Cache, Box Elder and Rich Counties |
| Washington | \$117,723 | 1-Apr-20 | 20 | Grays Harbor, Pacific, and Thurston |



Senior Companion Program



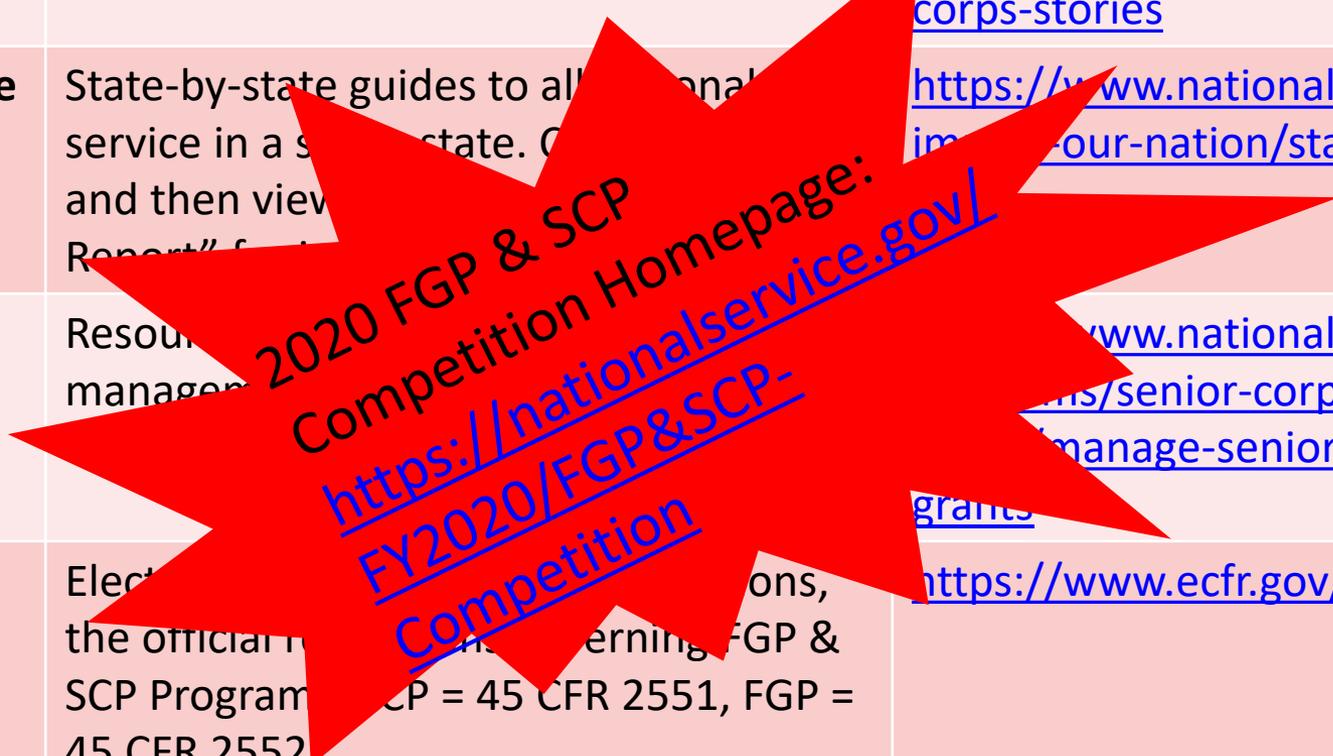
- Volunteers
- Volunteer Stations
- Volunteer Assignments
- Performance Measurement

For More Information

Corporation for
**NATIONAL &
 COMMUNITY
 SERVICE** 



| Resource | Description | URL |
|---------------------------------------|---|---|
| Senior Corps Impact Videos | A collection of videos showing the programs from multiple perspectives | https://www.nationalservice.gov/programs/senior-corps/senior-corps-impact-videos |
| Senior Corps Stories | A collection of short vignettes of actual volunteer experiences | https://www.nationalservice.gov/programs/senior-corps/senior-corps-stories |
| National Service in Your State | State-by-state guides to all national service in a state. Click on a state and then view the "State Profile Report" for that state. | https://www.nationalservice.gov/programs/your-nation/state-profiles |
| Manage Senior Corps Grants | Resources for managing 2020 FGP & SCP Competition Homepage: | https://www.nationalservice.gov/programs/senior-corps/manage-senior-corps-grants |
| eCFR.gov | Electronic Code of Federal Regulations, the official rules governing FGP & SCP Programs. SCP = 45 CFR 2551, FGP = 45 CFR 2552 | https://www.ecfr.gov/ |





<https://www.youtube.com/watch?v=DY8G0THKH7c>

Purpose



To provide grants to qualified agencies and organizations for the dual purpose of

- Engaging persons 55 and older, particularly those with limited incomes, in volunteer service to meet critical community needs; and
- To provide a high quality experience that will enrich the lives of the volunteers.

Program funds are used to support Senior Companions in providing supportive, individualized services to help older adults with special needs maintain their dignity and independence.

Senior Companion Volunteers



- Volunteers under 200% of poverty line may receive stipend
- Stipend = \$2.65/hr.
- Other cost reimbursements can include:
 - Supplemental insurance
 - Meals
 - Transportation
 - Recognition
 - Physicals
 - Other costs

For more information:

ecfr.gov: Title 45, Part 2551

OR

SCP Operations Handbook

Comparing baseline scores with a second-year follow-up, Senior Corps volunteers were healthier, less depressed, and less socially isolated than those who did not serve:

Less Socially Isolated

88 percent reported fewer feelings of isolation

Better Health

84 percent reported stable or improving health

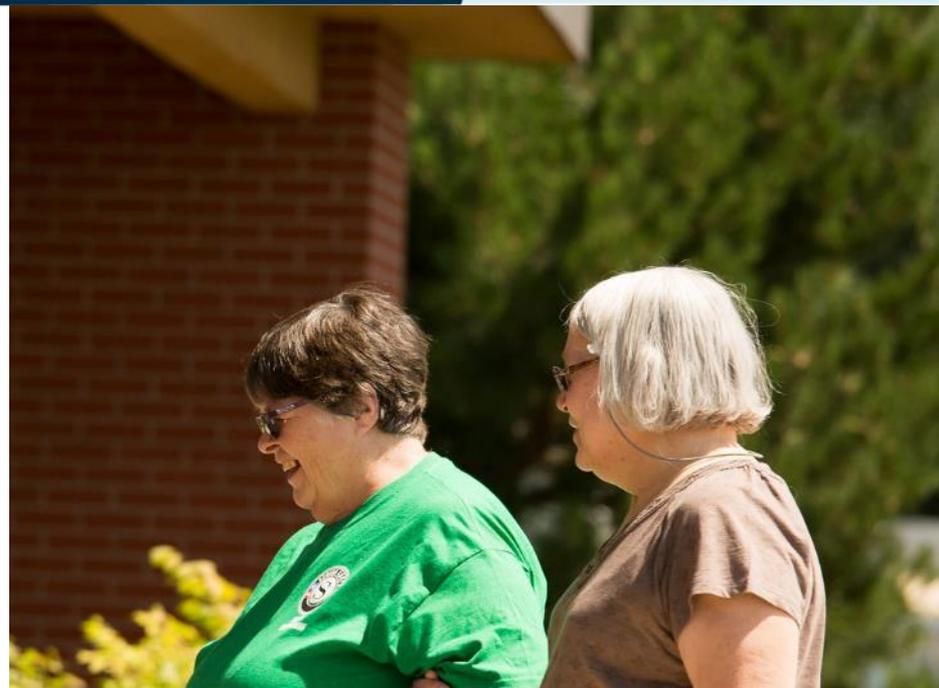
Less Depressed

78 percent reported fewer symptoms of depression

Learn more at <https://www.nationalservice.gov/programs/senior-corps/senior-corps-and-health-benefits>

Volunteer Stations

- Station: Where a volunteer will serve
- Responsible for:
 - Developing appropriate assignments
 - Selecting beneficiaries
 - Developing a written assignment plan
 - Providing any necessary orientation and training for assignment
 - Supervision
 - Reporting to sponsor
 - Safety and security of volunteers



For more information:

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OR

SCP Operations Handbook

Volunteer Assignments



§2551.71 What requirements govern the assignment of Senior Companions?

(a) Senior Companion assignments shall provide for Senior Companions to give direct services to one or more eligible adults that:

- (1) Result in person-to-person supportive relationships with each client served.
- (2) Support the achievement and maintenance of the highest level of independent living for their clients.
- (3) Are meaningful to the Senior Companion.
- (4) Are supported by appropriate orientation, training, and supervision.

(b) Senior Companions shall not provide services such as those performed by medical personnel, services to large numbers of clients, custodial services, administrative support services, or other services that would detract from their assignment.

[67 FR 60999, Sept. 27, 2002, as amended at 83 FR 64647, Dec. 17, 2018]



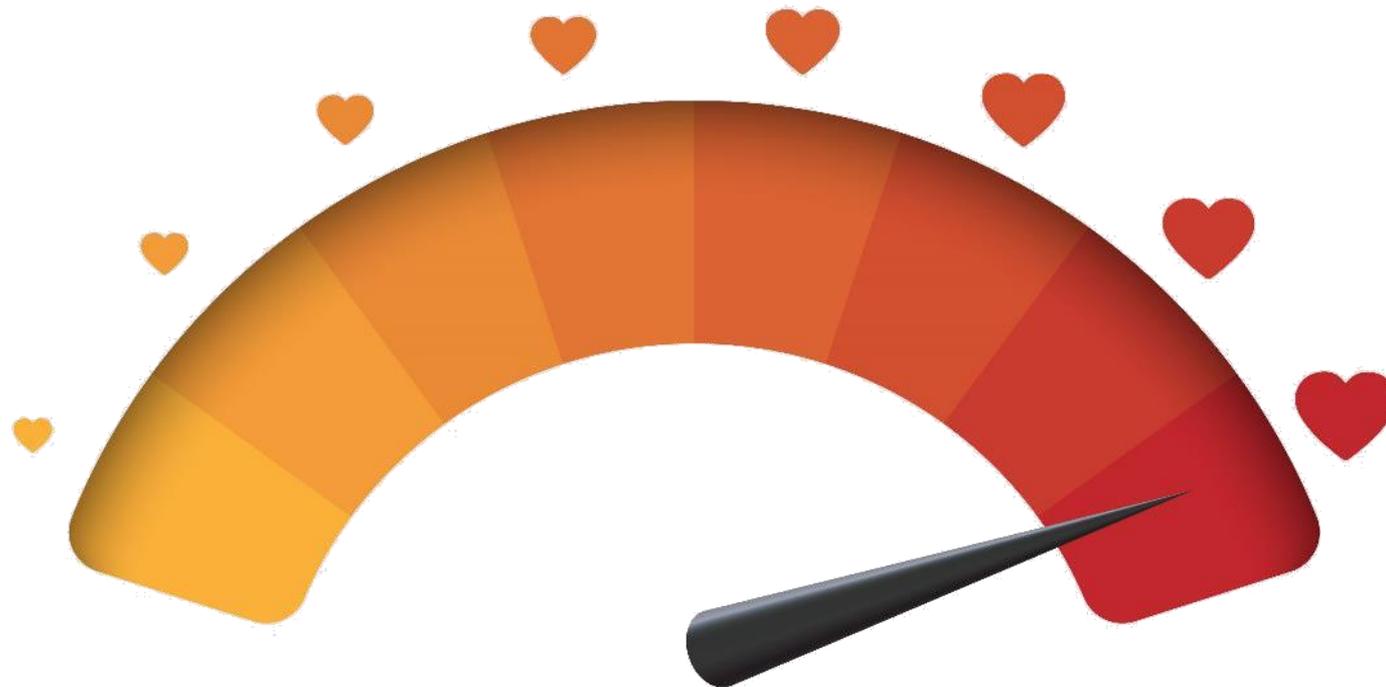
POLL





Performance Measurement

1. What do you need to measure?
2. How do you measure it?



What Do You Need to Measure?



“For every \$6,000 in annual base federal funding, at least one Volunteer Service Year worth of service must be placed in work plans that result in National Performance Measure outcomes in the Healthy Futures focus area.”

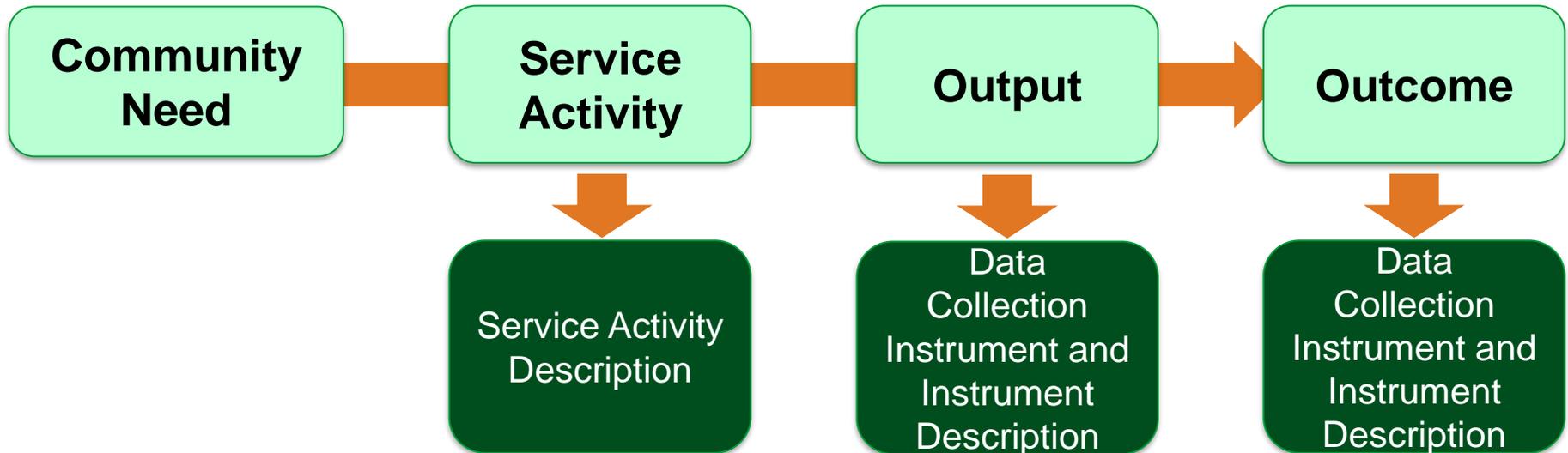
- VSY = Volunteer Service Years
- 1 VSY = 1,044 stipended hours (52.2 weeks @ 20 hrs. per week)
- 10 VSYS = **10,440 hours**

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How Do You Measure Performance?

Work Plan





Focus Area: Healthy Futures

| Objective | Selection Rules | | Service Activity |
|----------------|-----------------------------------|--|--|
| | Outputs | Outcomes | |
| Aging in Place | H4A: Number of individuals served | <p>H9A: Number of individuals who report having increased social support or improved capacity for independent living</p> <p>H14: Number of caregivers of older adults and individuals with disabilities who reported having increased social support</p> | <p>Companionship</p> <p>Nutrition/Food Support</p> <p>Legal Services</p> <p>Transportation</p> <p>Medical Services</p> <p>Opioid/Drug Intervention</p> <p>Elder Justice: Fraud and Scam Prevention</p> <p>Respite Services</p> |



https://www.youtube.com/watch?v=3x_WPIH0YrE&t=5s

